

Core Body of Knowledge Professional Development Provider Comfort Level Assessment

This tool is intended to provide you with a profile of yourself as a coach in each of the 7 Core Body of Knowledge Competency Areas. Honestly assess your experience, knowledge, and competency level to determine whether you can meet the needs of specific coachee request(s). Reassess yourself periodically as you gain more knowledge and skills through your own professional development. Please use the data collected on the CBK Assessment and Professional Development Tool Summary Page to inform your comfort level assessment.

Professional Development Provider Self-Assessment				Participant Level				
CBK Content Expertise <i>Identify your competency using the completed CBK summary page</i> AO – Area of Opportunity SP – Steady Progress AS – Area of Strength			Comfort Level <i>Assess your comfort for delivering professional development in each area.</i>			Participant Level <i>Based on the self-assessment of your Content Expertise and Comfort Level, circle the Competency Level of the participants that would be appropriate for you to coach.</i>		
Child Growth and Development AO SP AS			Hesitant (new material)	Comfortable (familiar material)	Confident (ease with material)	1	2	3
Family and Community Relationships AO SP AS			Hesitant (new material)	Comfortable (familiar material)	Confident (ease with material)	1	2	3
Observation and Assessment AO SP AS			Hesitant (new material)	Comfortable (familiar material)	Confident (ease with material)	1	2	3
Environment and Curriculum AO SP AS			Hesitant (new material)	Comfortable (familiar material)	Confident (ease with material)	1	2	3
Health, Safety and Nutrition AO SP AS			Hesitant (new material)	Comfortable (familiar material)	Confident (ease with material)	1	2	3
Professionalism and Leadership AO SP AS			Hesitant (new material)	Comfortable (familiar material)	Confident (ease with material)	1	2	3
Administration and Management AO SP AS			Hesitant (new material)	Comfortable (familiar material)	Confident (ease with material)	1	2	3

Overview of Participant Competency Levels

- **Level I** – Individuals at this level are at the first step in the commitment to a career in early care and education; they contribute to and assure the maintenance of a safe and nurturing environment in which children learn and develop; they learn about children and families through participation in professional development activities; they receive ongoing supervision from someone at a higher level.
- **Level II** – Individuals at this level consistently exhibit practices grounded in theories of growth, development, and learning; they work cooperatively with others, establish good mentoring relationships, and sometimes provide direct supervision; they have participated in formal study leading to degree and/or certificate and have refined their knowledge through guided and reflective experience with young children and families.
- **Level III** – Individuals at this level have extensive academic preparation and experience in the field; they can be responsible for mentoring those at Level I and II; they possess the ability to provide new resources in the development of theory and innovative practice; they demonstrate a mastery of developmentally appropriate practices which allow them to mentor peers as well as persons at other levels.